

Activities & Engagement

Resources to Support You Caring for a Loved One
with Dementia



Books / Podcasts

Keeping Busy - James Dowling

Creative Engagement - Rachael
Wonderlin & Geri Lotze

Dementia Matters: Exercise Your Mind -
Dr. Nathaniel Chin & Dr. Kimberly Mueller

Websites

Activities at Home - Alzheimer's
Association

50 Activity Ideas - Alzheimer's Association

Meaningful Activities in Isolation -
Dementia UK

Activities for Dementia - Very Well Health

Online Videos

Meaningful Activities - Teepa Snow

Increasing Activities - Dementia
Careblazers

Dementia Friendly Activities - Dementia
Careblazers

Websites (cont'd)

Importance of Socialization - Dementia
Care Central

Activities for a Family Member or Friend -
NIH

Family Gatherings - Next Avenue

Timeslips



Wisconsin State Dementia Plan

For PDF with linked resources, visit:

bit.ly/widementiaresources

